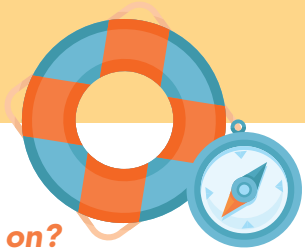




SUN & FUN VACATION Calamity Care Checklist

Get these items, pack 'em and take 'em with you on vacation. You may be glad you did!



Lots of exposure to the sun?

- Sunscreen for everyone
- Sunburn gel

Eat too much?

- Ginger capsules
- Charcoal capsules
- Oscillo (oscillococcinum) tubes
- Digestive enzymes

Too many fruity drinks with umbrellas?

- Party Smart®
- Ginger capsules

Sore muscles from playing volleyball on the beach?

- Profen pain cream
- T-Relief™ tabs

Feel a cold coming on?

- Oscillo tubes
- Quick Defense
- Congaplex® chewables

Blisters, cuts or scrapes?

- Adhesive bandages
- Sports tape
- Blister Kit moist pads
- Antibiotic ointment or cream

Diarrhea?

- Charcoal capsules
- Probiotics

Constipation?

- Swiss Kris® tabs
- Smooth Move® tea



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